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Shanghai Police Self Defence Manual - Scribd -

Shanghai Police Self Defence Manual. Probably written in the 1930s by W.E Fairbairn, who went on to train British Commandos and SOE during WW2.
<https://www.scribd.com/doc/5341277/Shanghai-Police-Self-Defence-Manual>

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Hand-to-hand combat - Wikipedia, the free -

Hand-to-hand combat (sometimes abbreviated as HTH or H2H) Combatives : FM 3-25.150 Commercial reprint of 2002 U.S. Army manual incorporates Brazilian Jiu-Jitsu.
http://en.wikipedia.org/wiki/Hand-to-hand_combat

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<http://www.streetselfdefense101.com/>

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Us Army Special Forces Self Defense Manual | originalelf.org AFARS Prescriptive section: personnel for personal self-defense. In procedures, in particular

Strikeforce's Tim Kennedy Shows You Self- Defense -

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<http://www.ebay.com/itm/Two-2-Military-SELF-DEFENSE-COMBATIVES-Manuals-on-CD-/200399048507>

Krav Maga - Wikipedia, the free encyclopedia -

Krav Maga / k r v m / is a self-defense system developed for the military in Israel that consists of a wide combination of techniques sourced from

http://en.wikipedia.org/wiki/Krav_Maga

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